

G & G Consultants, LLC

Standards and Practices for accredited Professional Aggression Replacement Training® Training Centers (PART®TC)

Preamble

It is well established (Andrews, 1990, 1994; Gendreau, 1981, 1994) that programs and services are most effective and efficient when they are delivered with integrity. It is critically important that programs and services, especially those based in cognitive behavioral approaches such as AGGRESSION REPLACEMENT TRAINING® (ART®), are implemented as they were originally designed and developed. The purpose of this document is to clearly identify those standards and practices that are necessary to properly deliver the AGGRESSION REPLACEMENT TRAINING® (ART®) intervention, with maximum integrity in its original design and implementation. Accredited Professional ART® Training Centers (**PART®TC**) subscribe to and follow the standards and practices as stated herein; and retain such accreditation as long as they adhere to these guidelines.

Definitions

1. Accredited Professional ART® Training Center (**PART®TC**) A group of individuals who have been trained to train others to deliver AGGRESSION REPLACEMENT TRAINING® (ART®), at least one of whom is certified as a *Master Trainer*, having attained that level of competency and skill and certified as such.
2. Standards and Practices A set of criteria and procedures used to deliver the AGGRESSION REPLACEMENT TRAINING® (ART®) interventions with integrity and according to established routines as first developed by Barry Glick, Ph.D., NCC, ACS.
3. Program Integrity - the therapeutic integrity of the program or the need for effective programs to be delivered as planned and designed. AGGRESSION REPLACEMENT TRAINING® (ART®) programs that are delivered with integrity are implemented by trained personnel according to the process and procedures first designed and developed by Barry Glick, Ph.D., NCC, ACS.
4. AGGRESSION REPLACEMENT TRAINING® (ART®) Group Trainer (Facilitator) An individual who has attended and completed an AGGRESSION REPLACEMENT TRAINING® (ART®) training seminar, which is typically 36 hours in duration, and has obtained a certificate to deliver the AGGRESSION REPLACEMENT TRAINING® (ART®) program.

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5. AGGRESSION REPLACEMENT TRAINING® (ART®) Trainer of Group Trainers (Facilitators) An individual who has obtained a certificate for AGGRESSION REPLACEMENT TRAINING® (ART®) Group Trainers (Facilitators) and has met the requirement for AGGRESSION REPLACEMENT TRAINING® (ART®) Trainer of Group Trainers (Facilitators).
6. AGGRESSION REPLACEMENT TRAINING® (ART®) Master Trainer An individual who has met the requirements for Master Trainer and has received a certificate from Barry Glick, Ph.D., NCC, ACS, indicating such.
7. AGGRESSION REPLACEMENT TRAINING® (ART®) Products and Materials Merchandise such as goods and supplies that aid in the delivery of AGGRESSION REPLACEMENT TRAINING® (ART®), the training for individuals, or the accreditation of **PART®TC**.
8. Accreditation Process A series of activities that must be mastered and completed before an individual is designated to deliver and/or train AGGRESSION REPLACEMENT TRAINING® (ART®); or an organization completes in order to be accredited as a **PART®TC**.

Training and Skill Development

There are three levels of training that leads to designation of individual AGGRESSION REPLACEMENT TRAINING® (ART®) skill acquisition and competency. These include:

1. AGGRESSION REPLACEMENT TRAINING® (ART®) Group Trainers (Facilitators) Training

This is a five-day 36-40 hour seminar in which participants are provided didactic and interactive experiences in each of the three components of AGGRESSION REPLACEMENT TRAINING® (ART®). The seminar has specific goals and behavioral objectives for participant training and competency development. As a result of the successful completion of this training seminar, participants will: a) understand that AGGRESSION REPLACEMENT TRAINING® (ART®) is a cognitive behavior, multi-modal curriculum; b) understand the theoretical base of each of the three components; c) prepare, practice, and deliver a lesson within each of the components to a group of their peer participants; d) understand the process by which SLT and ACT is taught and practice each of the steps of the process; d) learn about Kohlbergs Moral Development and its application to ART®. Agendas, participant manuals and training designs are available through Barry Glick, Ph.D., NCC, ACS.

2. AGGRESSION REPLACEMENT TRAINING® (ART®) Trainer of Group Trainers (Facilitators) Training

This is a minimum four or five day 32-40 hour seminar (that may include up to 280 hours of additional study depending on participant qualifications), in which participants are provided specific information about adult learners and what trainers must do to train others in AGGRESSION REPLACEMENT TRAINING® (ART®). The seminar has specific goals and behavioral objectives for individuals to accomplish before they are designated as AGGRESSION REPLACEMENT TRAINING® (ART®) Trainers of Group Trainers (Facilitators). Individuals must first successfully have completed the AGGRESSION REPLACEMENT TRAINING® (ART®) Group Trainers (Facilitators) Training and have delivered the AGGRESSION REPLACEMENT TRAINING® (ART®) program at least three times to clients with documented supervision of their experiences. Once accepted into this seminar, participants will fully

know the contents and skills of each of the AGGRESSION REPLACEMENT TRAINING® (ART®) lessons that are delivered to clients. The participants must also prepare to teach the AGGRESSION REPLACEMENT TRAINING® (ART®) Group *Trainers (Facilitators)* Training seminar to a group of their peers under the supervision of a Master Trainer, who is the lead trainer for this seminar.

3. AGGRESSION REPLACEMENT TRAINING® (ART®) Master Trainer

Master Trainers are individuals who have at least five years of experience delivering AGGRESSION REPLACEMENT TRAINING® (ART®) to clients and at least three years experience as an AGGRESSION REPLACEMENT TRAINING® (ART®) Trainer of Group *Trainers (Facilitators)*. (One of these years may be concurrent with the five years experience delivering AGGRESSION REPLACEMENT TRAINING® (ART®). The Master Training is an individualized training program developed by the Master Trainer Candidate with the guidance and direction of a Master Trainer. The individualized program must be reviewed and approved by Barry Glick, Ph.D., NCC, ACS and the Master Trainer credential must be signed (or co-signed) by Barry Glick, Ph.D., NCC, ACS. A Master Trainer: a) may work independently, providing consultation to agencies and systems in the area of AGGRESSION REPLACEMENT TRAINING® (ART®); b) may design variations of the ART® program to meet particular client needs; c) may initiate and/or operate a **PART®TC**; and d) offer credentials to individuals for both the AGGRESSION REPLACEMENT TRAINING® (ART®) Group *Trainers (Facilitators)* Training and the AGGRESSION REPLACEMENT TRAINING® (ART®) Trainer of Group *Trainers (Facilitators)* Trainer Training.

Basic Materials and Product Development

- *Aggression Replacement Training® (Revised Edition)*; Goldstein, AP; Glick, B; Gibbs, J. 1998. Research Press: Champaign, IL
- *Aggression Replacement Training®: A Comprehensive Intervention for Aggressive Youth*; Goldstein, AP and Glick, B. 1987. Research Press: Champaign, IL
- Other paraphernalia such as Coffee/Tea Mugs, Calendars, Pens/Pencils, Office Supplies (such as mouse pads, key chains, rulers to name but a few), or other materials to further market or aid in training, as reviewed and authorized by Barry Glick, Ph.D., NCC, ACS.

Standards for Accreditation of PART®TC

1. **PART®TC** are comprised of at least two individuals, one of whom must be a credentialed Master Trainer.
2. **PART®TC** must be approved, accredited and enter into a formal agreement with Barry Glick, Ph.D., NCC, ACS of G & G Consultants, LLC.
3. **PART®TC** must follow all the standards and practices as stated herein and submit an annual report to Barry Glick, Ph.D., NCC, ACS of G & G Consultants, LLC stating the training activities, seminars conducted and location, materials developed (with copies of each) and the names, addresses and current email addresses of each individual the **PART®TC** credentialed.

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4. **PART®TC** must keep current records of all seminars they provide, a current list of all individuals they have trained, and insure that AGGRESSION REPLACEMENT TRAINING® (ART®) Trainers of Group *Trainers (Facilitators)* and any Master Trainers maintain their competency and adhere to AGGRESSION REPLACEMENT TRAINING® (ART®) guidelines and practices.
5. **PART®TC** must inform Barry Glick, Ph.D., NCC, ACS of G & G Consultants, LLC of any changes to their formal agreement within 15 days of any proposed or actual change; and must insure that all ethical and legal practices are maintained and implemented.

Rights and Privileges of PART®TC

PART®TC may at their discretion:

1. Plan and conduct AGGRESSION REPLACEMENT TRAINING® (ART®) training seminars for group *Trainers (Facilitators)* and trainers who wish to train group *Trainers (Facilitators)*.
2. Set and charge fees for their services.
3. Consult to agencies and systems within their approved geographical area.
4. Issue competency credentials to AGGRESSION REPLACEMENT TRAINING® (ART®) Group *Trainers (Facilitators)* and/or AGGRESSION REPLACEMENT TRAINING® (ART®) Trainers of Group *Trainers (Facilitators)* who have met the requirements of each.
5. Sub contract with other agencies/systems in their geographical area as **PART®TC** after advice and consultation with Barry Glick, Ph.D., NCC, ACS.
6. Develop materials and training aids, tools, and other paraphernalia to implement AGGRESSION REPLACEMENT TRAINING® (ART®) programs and or training seminars.
7. Plan conferences and other professional opportunities as appropriate.
8. Establish networking opportunities such as data-link systems, listservs for the Internet, advocacy groups as appropriate to advance the principles of AGGRESSION REPLACEMENT TRAINING® (ART®).
9. The **PART®TC** will be listed with webpage links (if available) on the G & G Consultants, LLC Website
10. Technical Assistance will be provided (up to 20 hours per calendar year) by Barry Glick, Ph.D., NCC, ACS as negotiated within an Accreditation Fees Agreement
11. ART agendas, manuals and training designs (developed by Barry Glick) may be used by the **PART®TC** as negotiated within an Accreditation Fees Agreement.

Responsibilities of PART®TC

PART®TC is responsible for the following that include but are not limited to:

1. Insuring that all individuals they train are competent and have demonstrated skills for the level of credential offered in AGGRESSION REPLACEMENT TRAINING® (ART®).
2. Continuing AGGRESSION REPLACEMENT TRAINING® (ART®) with integrity and according to established practices and procedures.
3. Advancing the knowledge, understanding and skill level of individuals who deliver cognitive behavior interventions, specifically AGGRESSION REPLACEMENT TRAINING® (ART®).
4. Develop public understanding and community support as appropriate to advance the practice and implementation of AGGRESSION REPLACEMENT TRAINING® (ART®).
5. Join established organizations that will advance the practices and principles of AGGRESSION REPLACEMENT TRAINING® (ART®).
6. Meet all professional and financial obligations as required by their local jurisdictions and any agreements entered.
7. All Fees associated with Accreditation and the operations of these standards and practices will be negotiated and agreed to in a separate Accreditation Fees Agreement between G & G Consultants, LLC and the accredited PART®TC

Indemnification

It is agreed that the G & G Consultants, LLC and Barry Glick, Ph.D., NCC, ACS are indemnified from any suits, obligations, damages, claims, or demands arising out of or in connection with any training or activity offered as a result of this Accreditation agreement by the Accredited Center.